

Rest Interrupted

Mark 6:30-44

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I. Down-time with the Lord. Mark 6:30-32

Jesus knew the Disciples needed *rest*; but they did not need just *any rest*, they needed *rest* and _____ with Him! **John 5:17**

- It is important to seek the Lord's direction in order to get the timing correct - when to _____, when to wait, and when to *rest*.

If you have entered God's *rest* through the person of Jesus Christ, you should stop trying to work to _____ God's favor, because you know you have favor from God by faith in Christ. **Ephesians 2:8-9**

II. The compassion of Jesus. Mark 6:33-34

Jesus had a proper _____ on the Father's will and His call to ministry, and He wanted some alone time with His Disciples; but, the people were needy, so Jesus showed them compassion.

- Teaching people about Kingdom principles shows _____ because we have the Words of Life; *to whom else can they go?*

Compassion means, "*To have the bowels yearn; to be moved as to one's _____, for the _____ were thought to be the seat of love and pity*".

III. A test of trust. Mark 6:35-37

Jesus is fully committed to the Father's will, so He will never _____ from giving mercy or compassion. **Psalm 121:3**

- Our difficulties in life must always be measured by the _____ completing the job; with Jesus there is never a shortage of resources. **John 15:5**

Ministry should always flow from the _____ of Jesus, and then where God guides, God provides...because ministry is born out of the affection of Christ. **Philippians 1:8**

IV. The Lunchable miracle. Mark 6:38-44

This lunch was a meager offering, but given to Jesus it becomes more than _____. Our meager offerings given to Jesus, with the right motivation, will always be enough. **2 Corinthians 3:5-6**

- Jesus amazes people who have small expectations of what He can do once we give Him what we have. Jesus' mathematics are very different than ours - little is _____ when God is in it.

Jesus provided His own Disciples with a _____ lunch for themselves from the leftovers.

Small Group Discussion

Looking back at your notes from this week's sermon, was there anything that particularly caught your attention, challenged or confused you?

1. Read **Mark 6:30-32**. *Why did Jesus get into the boat to leave? Are there times when we feel we need to go to a deserted place after things occur in our lives? If we need to retreat, does that communicate a lack of faith in the Father's will on our part? Psalm 121:3, Hebrews 4:14-16*
2. Read **Mark 6:36**. *What was wrong with the Disciples request to send the crowd away? Why did feeding this large crowd seem so impossible to the Disciples? John 6:5-7, John 15:5*
3. Read **John 6:8-9** and discuss the size of the lunch Jesus used to feed the crowd. *What was said about the transformation of this lunch within the sermon? Mark 6:39-42, 1 Corinthians 1:26, 2 Corinthians 3:5-6*
4. Discuss the importance of the baskets described in **Mark 6:43**. *What did Rich say the word "fill" meant in the Greek? Proverbs 10:3, Matthew 21:22, Luke 12:24, Philippians. 4:19, James 4:3*
5. Discuss the differences between resting, working, and churning mentally and spiritually. *What are some things that can cause us to churn spiritually or mentally? Isaiah 26:3, Galatians 5:22, Philippians 4:6-7, Colossians 3:15*
6. *How are trust in Christ and spiritual rest related? John 14:1-6, Ephesians 2:8-9, Hebrews 4:9-10*
7. Discuss the practical application as well as differences between spiritual and physical rest. **Romans 5:1-2, Philippians 2:12-13, 2 Timothy 1:3**